



DIABETES BASICS A PATH TO PREVENTION

THURSDAY, APRIL 18 | COUNCIL CHAMBER

11:30 AM - NOON LUNCH NOON - 1:00 PM CLASS

LEARN THE FACTS ABOUT DIABETES

Join us to learn about the different types of diabetes, tools for diagnostic testing, and symptoms associated with the disease. We'll identify recommended self-care actions and their importance for avoiding long-term complications.

LUNCH PROVIDED. SPACE LIMITED TO 30 PARTICIPANTS. REGISTER NOW!

- Go to **CareHere.com** and log in with your Username and Password.
- Click on Appointments. Click on More Selections above the 1-Click Calendar.
 When: Enter the Begin and End Date of the class as 4.18.19.
 What: Choose Classroom (the word "Classroom" might be in gray, however, please click on it).
- Click **Get Appointments**. Find the Class Name in blue and click on it. This will take you to the class schedule where you can register by clicking on **Make Appointment**. You may also call **877.423.1330**.

